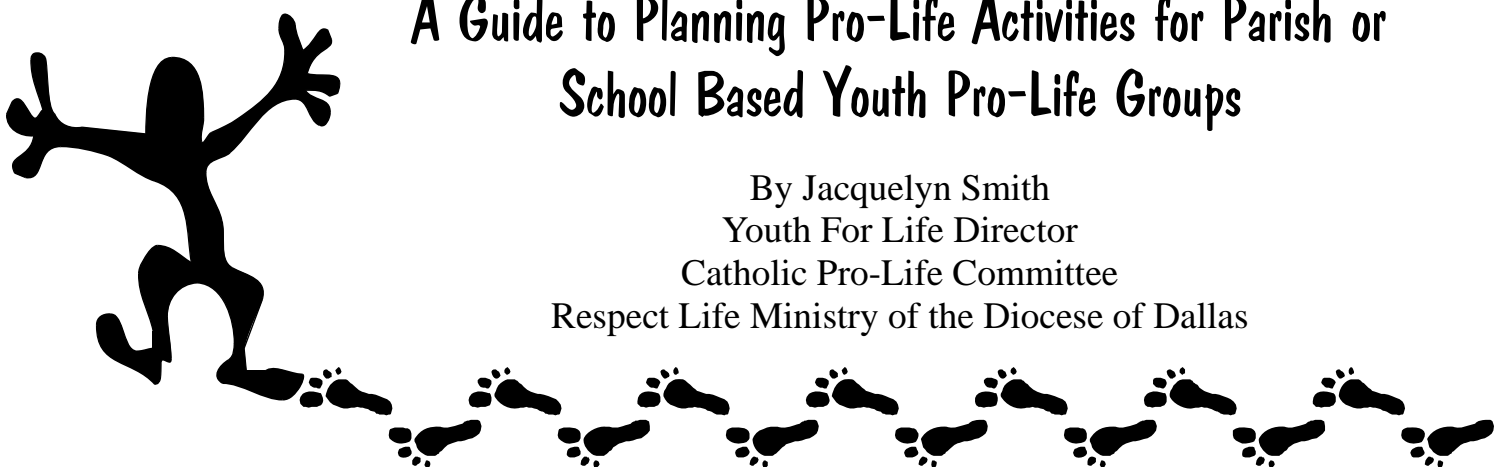


# Your Youth Pro-Life Group



## *A Guide to Planning Pro-Life Activities for Parish or School Based Youth Pro-Life Groups*

By Jacquelyn Smith  
Youth For Life Director  
Catholic Pro-Life Committee  
Respect Life Ministry of the Diocese of Dallas



# The ABCs of Your Pro-Life Group



## **Elect a Set of Officers**

President  
Secretary  
Events Coordinator  
Public Relations

## **Create a Mission Statement**

State what the purpose or YOUR group is. Keep it to only 1-2 sentences.

## **Set Dates for Regular Meetings**

Maybe 2-4 times a month

## **Learn Something New at Each Meeting**

## **Create Monthly and Semester Goals**

## **Develop Something that Your Group Does on a Regular Basis**

## **Contact Youth For Life if You Need Help**

Youth For Life Director  
Jacquelyn Smith  
972-416-9591  
jsmith@prolifedallas.org  
www.prolifedallas.org



# Meeting Format

## Sample



**Opening Prayer**

**Learn Something New**

- View a video
- Invite a speaker
- Have someone report on News Releases

**Review / Report on Old Business**

**Discuss Upcoming Events**

**Brainstorm for New Ideas**

**Plan Your Next Pro-Life Group Project**

**Work on Your Semester Goal**

**Assign Tasks to Each Team Member**

**Set Date and Time for Your Next Meeting**

**Closing Prayer**

For great Pro-Life Prayers check out [www.priestsforlife.org](http://www.priestsforlife.org)!

# Things To Learn About



Abortion Techniques

[www.abortionfacts.com/techniques/techniques.asp](http://www.abortionfacts.com/techniques/techniques.asp)

RU-486

[www.nrlc.org/federal/RU486/index.html](http://www.nrlc.org/federal/RU486/index.html)

Physical and Psychological Dangers of Abortion

[www.afterabortion.info/physica.html](http://www.afterabortion.info/physica.html)

[www.afterabortion.info/PAR/V8/n3/abortionrisks.html](http://www.afterabortion.info/PAR/V8/n3/abortionrisks.html)

[www.afterabortion.info/psychol.html](http://www.afterabortion.info/psychol.html)

Fetal Development

[www.gravityteen.com/prenatal/ninemonths.cfm](http://www.gravityteen.com/prenatal/ninemonths.cfm)

What Crisis Pregnancy Centers Offer

[www.pregnancycenters.org/](http://www.pregnancycenters.org/)

Partial Birth Abortion

[www.nrlc.org/abortion/pba/](http://www.nrlc.org/abortion/pba/)

What the Laws are in Your State

[www.law.cornell.edu/topics/state\\_statutes3.html#health](http://www.law.cornell.edu/topics/state_statutes3.html#health)

[www.capitol.state.tx.us/statutes/hs.toc.htm](http://www.capitol.state.tx.us/statutes/hs.toc.htm) (For TX. See esp. Chapter 171)

What the Laws are in the USA

<http://uscode.house.gov/>

[www.law.cornell.edu/uscode/](http://www.law.cornell.edu/uscode/)

What Political Action Can Be Taken to End Abortion

[www.priestsforlife.org/brochures/whatyoucando.htm](http://www.priestsforlife.org/brochures/whatyoucando.htm)

Discuss Roe v Wade

[www.oyez.org/oyez/resource/case/334](http://www.oyez.org/oyez/resource/case/334)

[www.rightgrrl.com/carolyn/roe.html](http://www.rightgrrl.com/carolyn/roe.html) (argues that roe v. wade is unconstitutional)

Discuss Doe v Bolton

[www.law.cornell.edu/supct/html/historics/USSC\\_CR\\_0410\\_0179\\_ZS.html](http://www.law.cornell.edu/supct/html/historics/USSC_CR_0410_0179_ZS.html)

[www.priestsforlife.org/columns/column99-03-29roescompanion.htm](http://www.priestsforlife.org/columns/column99-03-29roescompanion.htm)

# Things To Learn About Continued...



The Myth of Overpopulation

[www.pop.org](http://www.pop.org)  
[www.c-fam.org/](http://www.c-fam.org/)

What the Bible Says

[www.abortionfacts.com/abortion/bible.asp](http://www.abortionfacts.com/abortion/bible.asp)  
[priestsforlife.org/brochures/thebible.html](http://priestsforlife.org/brochures/thebible.html)

What the Catholic Church Teaches

[www.priestsforlife.org/magisteriumteachings.html](http://www.priestsforlife.org/magisteriumteachings.html)  
*Catechism of the Catholic Church (CCC) 2270ff*

Pope John Paul II's Teachings

[www.priestsforlife.org/magisterium/EVText.htm](http://www.priestsforlife.org/magisterium/EVText.htm) (See esp. Chapter III, section 57)

The Church's Teachings on Contraception

[priestsforlife.org/contraception/index.htm](http://priestsforlife.org/contraception/index.htm)

Chastity

[www.pureloveclub.com/](http://www.pureloveclub.com/)  
[www.catholic.net/RCC/Periodicals/Faith/9%2010%2098/Chastity.html](http://www.catholic.net/RCC/Periodicals/Faith/9%2010%2098/Chastity.html)

Bioethics and Cloning

[www.nrlc.org/killing\\_embryos/index.html](http://www.nrlc.org/killing_embryos/index.html)  
[www.ncbcenter.org/](http://www.ncbcenter.org/)

Planned Parenthood

[www.abortionfacts.com/planned\\_parenthood/planned\\_parenthood.asp](http://www.abortionfacts.com/planned_parenthood/planned_parenthood.asp)

Euthanasia and Assisted Suicide

[www.pcccf.org/index.htm](http://www.pcccf.org/index.htm)  
[www.nrlc.org/euthanasia/index.html](http://www.nrlc.org/euthanasia/index.html)  
[priestsforlife.org/euthanasia/index.htm](http://priestsforlife.org/euthanasia/index.htm)

The Breast Cancer Connection

[www.abortionbreastcancer.com/The\\_Link.htm](http://www.abortionbreastcancer.com/The_Link.htm)

Kahlenborn, Chris. *Breast Cancer: Its Link to Abortion and the Birth Control Pill*. Dayton, OH: One More Soul, 2000.

# Things To Do On a Regular Basis



## Adopt a Baby Through Prayer

Keep track of his or her development through the nine months of school  
Have your last meeting of the school year be a birthday party for the baby  
(Your could even have people bring baby gifts and then donate them  
to a pregnancy center.)

## Have Pro-Life All School Morning Prayers

If you go to a public school arrange for your group to meet prior to school to  
say a prayer

## Pray at Your Assigned Abortion Center

Each parish is assigned an abortion center  
To find out your assigned abortion center send an e-mail to  
[convert@prolifedallas.org](mailto:convert@prolifedallas.org)  
Make plans to pray there as a group at least once a month

## Attend Youth For Life and the Catholic Pro-Life Committee Events

To see what is going on check us out at [www.prolifedallas.org](http://www.prolifedallas.org)!

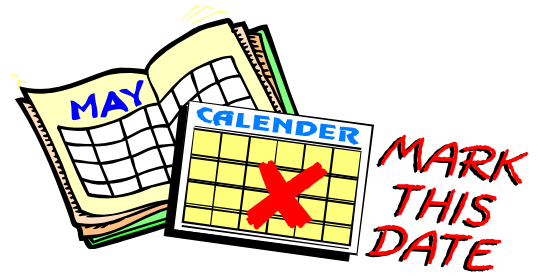
## Volunteer for Local Pro-Life Organizations

Youth For Life  
Catholic Pro-Life Committee  
White Rose Women's Center  
Texans for Life Coalition

## Pray Everyday for an End to Abortion

## Wear Your Precious Feet Pin Everyday

# Monthly Goals



## Put Up a New Pro-Life Bulletin Board

- ☉ It should include the date, time and place for your meetings, news of upcoming events, basic abortion and fetal development facts, statistics, pregnancy and after abortion healing hotline numbers, etc...
- ☉ Keep the board interesting. Remember that people are more likely to read the board if it is organized, attractive, and updated.

## Invite a Guest Speaker to Your Meeting

- ☉ Contact the Catholic Pro-Life Committee Speakers Bureau at 972-986-5463 or [speakers@prolifedallas.org](mailto:speakers@prolifedallas.org) or Youth For Life at 972-416-9591 or [youth@prolifedallas.org](mailto:youth@prolifedallas.org).
- ☉ Advertise to the whole school or parish and invite everyone to come.
- ☉ Serve refreshments! (People like free food.)

## Have a Flyer Campaign and Attach Pro-Life Literature to Every Locker

## Tie Blue and Pick Ribbons on Everyone's Cars and Leave Literature on Their Windshield

## Mark Every Fourth Chair in the Cafeteria to Show that One Out of Every Four Babies is Killed by Abortion

# Semester Goals



## Organize a Respect Life Week

- ☺ Set up an information table during lunch
- ☺ Have a special speaker come in for the whole school
- ☺ Sell Precious Feet pins and bumper stickers
- ☺ Chalk the sidewalks with pro-life statistics
- ☺ Mark every fourth chair in the cafeteria to symbolize those killed by abortion
- ☺ Have pro-life prayers read every morning

## Attend the Dallas Roe v. Wade Memorial Rosary, Mass and March For Life in January

- ☺ Make a group banner that shows who you are and where you're from
- ☺ Check out [www.prolifedallas.org](http://www.prolifedallas.org) for more details

## Attend and Volunteer at the Bishop's Annual Catholic Pro-Life Dinner in the Spring

- ☺ Raise money to buy a table for ten
- ☺ Check out [www.prolifedallas.org](http://www.prolifedallas.org) for more details

## Start a Pro-Life Library at Your School or Parish

- ☺ Research good books and then raise money to buy them to donate to your library

## Participate in the Catholic Pro-Life Committee Baby Bank Campaign

- ☺ Pass out Baby Banks to students and teachers and raise money to save babies
- ☺ Check out [www.prolifedallas.org](http://www.prolifedallas.org) for more details

## Collect Items for the White Rose Women's Center

- ☺ Put boxes in the classrooms or ask for items as admission to dances or games
- ☺ Have a contest to see who can collect the most items



# Great Resources



## Local

**Catholic Pro-Life Committee**  
**Respect Life Ministry of the Diocese of Dallas**  
P.O. Box 59852  
Dallas, TX 75229  
972-267-LIFE (5433)  
[www.prolifedallas.org](http://www.prolifedallas.org)

**Catholic Pro-Life Committee**  
**Youth For Life**  
972-416-9591  
[youth@prolifedallas.org](mailto:youth@prolifedallas.org)  
[www.prolifedallas.org](http://www.prolifedallas.org)

**Catholic Pro-life Committee**  
**Speakers Bureau**  
972-986-5463  
[speakers@prolifedallas.org](mailto:speakers@prolifedallas.org)  
[www.prolifedallas.org](http://www.prolifedallas.org)

**White Rose Women's Center**  
**St. Joseph's Helpers**  
4313 N. Central Expressway  
Dallas, TX 75205  
214-824-5942 or 214-821-6292

**Catholics Respect Life of Ft. Worth**  
P.O. Box 1806  
Keller, TX 75244  
[catholicsrespectlife@verizon.net](mailto:catholicsrespectlife@verizon.net)  
[www.catholicsrespectlife.org](http://www.catholicsrespectlife.org)

**Texans For Life Coalition**  
P.O. Box 177727  
Irving, TX 75017-7727  
972-790-9044  
[www.texlife.org](http://www.texlife.org)

## National

**Priests For Life**  
P.O. Box 141172  
Staten Island, NY 10314  
888-PFL-3448  
[www.priestsforlife.org](http://www.priestsforlife.org)

**Heritage House '76**  
**The Precious Feet People**  
919 S. Main St.  
Snowflake, AZ 85937  
1-800-858-3040  
[www.hh76.com](http://www.hh76.com)

**Victory Won**  
**Pro-Life Materials**  
1-800-858-3040  
[www.victorywon.com](http://www.victorywon.com)

**Life Cycle Books**  
P.O. Box 1008  
Niagara Falls, NY 14304  
1-800-214-5849  
[www.lifecyclebooks.com](http://www.lifecyclebooks.com)

**The Couple to Couple League**  
P.O. Box 111184  
Cincinnati, OH 45211  
1-800-745-8252  
[www.ccli.org](http://www.ccli.org)

**Texas Alliance For Life**  
State political resource  
[www.gartl.org](http://www.gartl.org)

**National Right to Life**  
[www.nrtl.org](http://www.nrtl.org)