

# Natural Fertility Regulation

**Date: Sunday, June 12th and July 17th 2011 -  
Time: 6:30 p.m.**

*Interested in fertility and faithfulness? Consider joining us for two important sessions!*

- Relieves concern of health effects of chemical contraceptives; easy to learn and is 99% effective when consistently following guidelines.
- Has great success in helping couples achieve pregnancy where the fertility has been in doubt.
- Monitors fertility and reproductive health.
- Can enhance communication and marital relationships.
- Morally acceptable to our Catholic faith.



There will be a two-part Billings Method Class Sunday **June 17th and July 17th**. Both classes begin at **6:30 p.m.** St. Peter and Paul Chapel, St Rita Catholic Church

**For more info see [www.billingslife.org](http://www.billingslife.org)**

Please contact Parish Nurse, Bernadette May, R.N. to register:  
[bmay@stritaparish.net](mailto:bmay@stritaparish.net)